

Permanent Makeup and Beauty Lounge

Date: _____

Name	Date of Birth		
Address	City	State	Zip
Phone	Email		
Emergency Contact	Phone		
Occupation	How were you referred to me?		
Procedure	Deposit	Cost	

Consent to Application of Micropigmentation and/or Permanent Makeup

I certify that I am over the age of 18, I am **not** under the influence of drugs or alcohol, I am **not pregnant** or nursing, and I consent to receiving the indicated micropigmentation or permanent cosmetic procedure. The general nature of cosmetic tattooing as well as the specific procedure to be performed has been explained to me.

Consent X _____

I have been informed of the nature, risks, and possible complications and consequences of permanent skin pigmentation. I understand the permanent skin pigmentation procedure carries with it known and unknown complications and consequences associated with this type of cosmetic procedure, including but not limited to: infection, scarring, inconsistent color, and spreading, fanning or fading of pigments. Corneal abrasions are a rare side effect, especially if I rub or scratch my eyes or apply contacts too soon after any eyeliner procedure. I understand the actual color of the pigment may be modified slightly, due to the tone and color of my skin. I fully understand this is a tattoo process and therefore not an exact science, but an art. I request the permanent skin pigmentation procedure/s, and accept the permanence of the procedure as well as the possible complications and consequences of the said procedure/s. **Consent X** _____

There is a possibility of an allergic reaction to pigments. A patch test is advisable however it does not ensure a client will not have an allergic reaction. If waived, I release the technician from liability if I develop an allergic reaction to the pigment. I understand that if I have any skin treatments, laser hair removal, plastic surgery or other skin altering procedures, it may result in adverse changes to my permanent cosmetics. I acknowledge some of these potential adverse changes may not be correctable. **Consent X** _____

I have received pre- and post-procedure instructions and I will strictly adhere to such instructions. I understand that my failure to do so may jeopardize my chances for a successful procedure. If I am on any medication for depression or any other mood altering prescription, I will advise my technician. If I have ever had cold sores, I will consult with and strictly follow my doctor's instructions before contemplating any permanent cosmetic procedure around my lips. **Consent X** _____

I understand that before and after photographs of the said procedure/s are conditions of such procedure/s. I certify I have read and initialed the above paragraphs and have had explained to my understanding this consent and procedure permit. I accept full responsibility for the decision to have this cosmetic tattoo work done and understand that there is a *no refund policy*. I understand that the cost of touch-up's are not included in the procedure and the cost of touch up's differs as time lapses from the original date procedure was dine. **Consent X** _____

Signature _____ **Tech Signature** _____ **Date** _____

Medical History

In order to provide you with the most appropriate treatment, please complete the following questionnaire. All of the information is strictly confidential.

Are you currently under the care of a physician? Yes / No If yes, for what?								
Do you have any of the following medical conditions/problems? (please circle yes or no)								
Yes	No	Cancer	Yes	No	Diabetes	Yes	No	High blood pressure
Yes	No	Arthritis	Yes	No	Frequent cold sores	Yes	No	Skin disease
Yes	No	Blood clotting	Yes	No	Seizure disorder	Yes	No	Hormone imbalance, abnormality
Yes	No	HIV/AIDS	Yes	No	Hepatitis	Yes	No	Any active infection
Yes	No	Herpes	Yes	No	Keloid scarring	Yes	No	Thyroid imbalance
Other:								
Have you ever had an allergic reaction to any of the following? (circle yes or no)								
Yes	No	Food	Yes	No	Latex	Yes	No	Aspirin
Yes	No	Lidocaine	Yes	No	Hydrocortisone	Yes	No	Tattoo pigments
Other allergies			What reaction does your allergy cause?					
What oral medications and dosage are you presently taking? (please list)								
What Vitamins or Supplements are you taking? (please list)								
What topical medications, cleansers, or, creams are you currently using on your face? (please list)								
Have you recently had treatments such as facials, peels, microdermabrasion, etc. on your face? Yes / No (please list)								
Do you form thick or raised-scars from cuts or burns? Yes / No								
Do you get Hyper-pigmentation (darkening of the skin), Hypo-pigmentation (lightening of the skin) or marks after physical trauma? Yes / No								
Which of the following best describes your skin type? (please circle)								
Always burns, never tans			Always burns, sometimes tans			Sometimes burns, always tans		
Rarely burns, always tans			Brown, moderately pigmented skin			Black skin		
Have you had any recent tanning or sun exposure that changed the color of your facial skin? Yes / No								
Female clients:	Are you pregnant or trying to become pregnant? Yes / No		Are you breastfeeding? Yes / No		Are you using contraception? Yes / No			

- I certify that the preceding medical, personal, and skin history statements are true and correct.
- I am aware that it is my responsibility to inform the technician, of my current medical or health conditions and to update this history.
- A current medical history is essential for the permanent makeup technician to execute the appropriate treatment procedure

Signature _____

Date _____

Permanent Makeup & Beauty Lounge Policies

Permanent makeup by Natalie is all about you! I want to provide you with the highest standards of service and personal care, in the most professional environment so that you will return and recommend me again and again!

Deposits - A \$50 deposit is required in order to make and secure your deposit. If a deposit is not made within 72 hours the appointment will be canceled. Deposits can be made on my website Fabrowz.com.

Cancellation – If you have an appointment, **this time is reserved exclusively for you**. In the event that you must cancel your appointment, we require a 72-hour cancellation notice in advance for services. Deposits will not be refunded for cancellations made less than 72 hours in advance, No shows, and same day cancellations. An additional \$50 will be required to re-schedule the appointment.

Late Arrival – Arriving late will deprive you of valuable service time. As a courtesy to the next guest, your treatment will end at the time originally scheduled. Late arrivals may be rescheduled, or the remainder of the service time may be used at full price.

Children Under 18 – PLEASE LEAVE YOUR CHILDREN AT HOME. Due to liability reasons **no children under 18 are allowed at Permanent Makeup & Beauty Lounge.** We want to provide the best relaxation atmosphere for our clients. Thank you for your understanding.

Cell Phones – Out of consideration for guests, please mute cellphones and pagers. Cell phone use is **not** permitted while permanent makeup services are rendered.

Pictures and Videos - All cellphones **MUST** be put away in the procedure rooms. Guests must also remain seated at all times and cell phones put away. Please do not take pictures or videos of my procedure room, facility, of me while performing the procedure, or of yourself during the procedure. Photos or videos leaked, shared, or posted on social media without my consent will result in legal action.

Permanent Makeup Done by Another Technician – Recoloring permanent makeup done previously by anyone else is not **“just a touch-up”** since it is not my original work. Therefore, **fees start at the new permanent makeup prices.** Additional charges will apply if extensive shape and symmetry correction is required or pigment removal is necessary. Two or more appointments may be necessary to achieve and complete most permanent makeup correction procedures depending on each person’s skin.

Permanent Makeup Maintenance / TOUCH-UP – Touch-up’s are not included in the original procedure fee. Maintenance fees apply for refreshers or touch ups of my own micropigmentation / permanent makeup work (returning clients). Cost varies according to length of time since last procedure, amount of fading, and work required. Fees start at \$50 - up

Pricing – All prices quoted are subject to change without notice. All purchases and services are final, and there are NO refunds.

Additional Treatment Policy

1. I screen all clients and reserve the right to refuse services to anyone.
2. Two or more appointments may be necessary to achieve and complete most permanent makeup procedures depending on each person’s skin. Touch-up fees will apply.
3. Since scar tissue is abnormal, multiple sessions are usually needed to achieve satisfactory results with medical grade tattooing/camouflage.
4. Please only bring one adult to accompany you to the procedure, as space is limited.

I have read, understand, and agree to all of the Policies listed above.

Signature: _____ **Date:** _____

Is Permanent Makeup safe?

It is very safe as it uses only vegetable dye which is natural and organic. All instruments that enter the skin or come in contact with body fluids are sealed and sterilized before use and disposed of after use. Cross contamination guidelines are strictly adhered to.

Is it painful?

We're sure the first thing everyone wants to know is whether this hurts and if so, how painful is it? Pain ranges from zero to very slight uncomfortable feeling. Anesthetics work better on some people than others. The overall sensation is like your eyebrows are being brushed but this may vary according to an individual's pain threshold. Most customers we encounter usually fall asleep as they feel nothing during the process.

Pigment retention depends on skin type, age, aftercare, sun exposure, use of certain skin products, immune system, medications and other factors. Touch ups are recommended once a year to prevent natural fading.

The entire process takes approximately 60 - 90 minutes and there is no down time. A touch up may be required 1-3 months after initial procedure.

Before Care Instructions

Do not work out the day of the procedure as the body heat expands the pores. It is important not to have sunburn prior to the procedure. This includes tanning beds. Do not take Aspirin, Niacin, Vitamin E, Fish Oil or Ibuprofen 24 hours before the procedure. Tylenol is fine. Please Do Not use acne medications or retinol cream 3 days prior to the procedure. No alcohol on the day of the procedure. Please do not book an appointment before any major events, like a vacation, social event, wedding, etc. Please note that you will be more sensitive during your menstrual cycle. Please do not wear any perfume to your appointment and leave your cell phones turned off. No one under the age of 18 is allowed into the procedure room so **please leave your children at home**. Please only bring one adult to accompany you to your procedure.

Eyebrows:

Please have your eyebrows waxed or threaded to remove all unwanted hair. All tweezing, waxing, or threading of eyebrows should be done 24 - 72 hours prior to the procedure. Please come in with your eyebrows drawn/penciled in if this is what you do on a daily basis or with your desired eyebrow shape. Eyebrow Permanent Cosmetics does not require your entire eyebrow to be shaved off and does not damage your natural hair follicles.

Eyeliner:

Please Do Not wear any makeup on your eyes on the day of the procedure and bring eye glasses if you wear contact lenses to the appointment. You must wear eye glasses for 3 days post eyeliner procedures. Then you can wear your contact lenses and it must be clean or a new pair. All lash perms and lashing tinting can be done up to 72 hours pre procedure and 30 days post procedure. Do not use any eyelash serums (Latisse) 2 weeks before the procedure. If you wear fake eye lashes you cannot wear them pre, during, or post procedure. Please only use new tube of mascara after your eyeliner has healed.

Lips:

If a client has ever had (even if years ago) a fever blister, cold sore, shingles or chicken pox, it is recommended you obtain a prescribed anti viral medication (Valtrex) from your doctor. Fever blisters are very common as a side effect of permanent lip cosmetics. Please avoid any depilatory or bleaching agents on your lips pre and post lip permanent cosmetics.

Long Term Care

Use a good sunscreen on your eyebrows, lips, or scalp if you plan to be in the sun for prolonged periods of time. Sun exposure will fade your permanent cosmetics.

Long Term Care of the Scalp: Please use sulfate free shampoo and conditioner at all times. Please use sunscreen daily.

If you are planning a chemical peel, laser procedure, or any harsh procedures on your face, please inform the technician of your permanent cosmetics or scalp treatment.

The use of Retin-A/Tretinoin, Glycolic Acid, Hydroxy Acid, Fruit Acid, or any other rapid skin exfoliation products used regularly on the forehead area will cause the permanent makeup to the eyebrow area to fade prematurely.

The use of chemical peels and acid peels regularly on the forehead region can also cause eyebrows to fade prematurely. Failure to follow after care instructions may cause loss of pigment, discoloration, or infection.

WARNING: Salt Water, Chlorine, exfoliation creams, and exposure to the sun will cause colors to fade.

Permanent makeup is NOT recommended for clients who are or have:

Pregnant or nursing, Undergoing Chemotherapy (consult your doctor), have a Pacemaker or major heart problems, Had an Organ transplant, Skin irritations or Psoriasis near the treated area (rashes, sunburn, acne, etc.) Sick (cold, flu, etc.

Aftercare

It is advised to sleep on an old pillowcase because there will be residual pigment coming off the eyes, eyebrows, lips, or scalp for several days that can stain linens. Do not soak treated area in a beaches, hot tub, or swimming pool and direct water pressure for 10 days. Permanent makeup will appear extremely intense and thick immediately after the procedure. The color will not look right the first few days. This is normal!

Eyebrows:

After the procedure, lightly wipe eyebrows every hour on the hour until bedtime with sterile, distilled, or boiled water at room temperature with a cotton pad or gauze removing any excess water. Only do this on the day of the procedure.

Eyebrows may be slightly swollen, red, or tender for a few days. This is normal and will dissipate quickly. Eyebrows will appear extremely intense and thick immediately after the procedure. The color will not look right the first few days. This is normal!

Do not wet eyebrows for 10 days and please wash your face carefully around the eyebrow area without getting water on the treated area. Please NO water, NO cleansers, NO creams, NO makeup, NO ointments, or any other products on eyebrows for 10 days. DO NOT rub, pick or scratch your Eyebrows. Picking can cause scarring, infection, or complete loss of color. Let any scabbing or dry skin naturally exfoliate off. Avoid direct sun exposure or tanning for 3-4 weeks after the procedure. It is advised to sleep upright. It is recommended not to sweat heavily for the first 10 days after the procedure. Sweat is salt and can prematurely fade the treated area. Do not soak treated area in beaches, hot tub, or swimming pool or direct water pressure for 10 days. Avoid A&D, Vaseline, Aquaphor, or any other ointment as it can cause a reaction and block skin from breathing.

Approximate Daily Eyebrow Healing:

Day 1 - 2: Your eyebrows are approximately 20%-40% darker, bolder, and more solid than your healed results. Under the pigment, the skin is red and pigment has been deposited into the layer of skin containing dead skin cells; combined giving the appearance of a darker color (Too Dark) and thicker eyebrows. There might be minimal swelling but because typically the eyebrow area does not retain much fluid, swelling will be limited.

Day 3 - 4: Your eyebrows may begin to itch and pigment may appear raised. The top layers of the skin will begin to shed, and you will see loss of color. This is normal. Please do not scratch or pick your eyebrows.

Day 5 - 6: The skin is now rapidly exfoliating and will shed evenly if left alone. The color under the exfoliating skin will continue to appear light (Too Light) until the epidermis takes on its more transparent characteristics. Dry Skin Only: Apply one drop of Grape Seed Oil to each eyebrow on day 5. Grape seed oil should be applied once the morning and once in the evening before sleep. It will help to keep treated area moisturized and soft for the rest of recovery period. Oily Skin: Please do not apply any ointments or oils.

Eyebrows heal in three stages: **Too dark - Too light - Just right. Be Patient!** The Color/Hairstrokes will resurface after the skin completely exfoliates. It takes approximately one month for this to happen. Eyebrows lose 20% of thickness and 30% of color in the healing process. If after a month there are missing hairstrokes or the color is too light, a touch-up can be scheduled. Eyebrow Touch-ups are \$50 within the first 3 months.

Eyeliner:

Eyes may be swollen, red, bruised and tender for a few days. This is normal and will dissipate quickly. An ice pack protected with a wet barrier film of a paper towel should be placed in the eyes immediately after the procedure. Icing is most effective within the first 24 hours but please do not ice for more than 20 minutes a time. You may apply Aquaphor or Vaseline if needed daily with a clean Q-tip only (no fingers). Only a small amount is needed to occlude the area. In the morning if eyes are stuck together, use a wet Q-tip and gently separate. Eyeliner heals in three stages: Too dark - Too light - Just right. It takes one month for this to happen. Do not rub, peel, or pick the area.

Lips:

Lips may be swollen, red, bruised and tender for a few days. This is normal and will dissipate quickly. Itching is also common. An ice pack protected with a wet barrier film of a paper towel should be placed in the eyes immediately after the procedure. Icing is most effective within the first 24 hours but please do not ice for more than 20 minutes a time. Apply Aquaphor or Vaseline as needed daily with a clean Q-tip only (no fingers). Please avoid any friction to lip area. Lips heal in three stages: Too dark - Too light - Just right. It takes one month for this to happen. Do not rub, peel, or pick the area.